



Gambler's Help

Melton Health Promotion Forum

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Who we are



Banyule
Community
Health



Gambler's
Help Northern
1300 133 445

Gambler's Help Northern (part of Banyule Community Health – funded by Victorian Responsible Gambling Foundation)

Melton, Hume, Whittlesea, Nillumbik, Darebin & Banyule

Team consists of:

- Community Engagement & Education
- Financial Counsellors
- Therapeutic Counsellors
- Lived experience programs

I've been self excluded for 2 years and I still hear the bells & whistles of the pokies machines.



If it wasn't for you coming to teach us about screen time and parental controls, we would have no idea at all, thank you



I was considering not coming tonight but I'm so glad I came

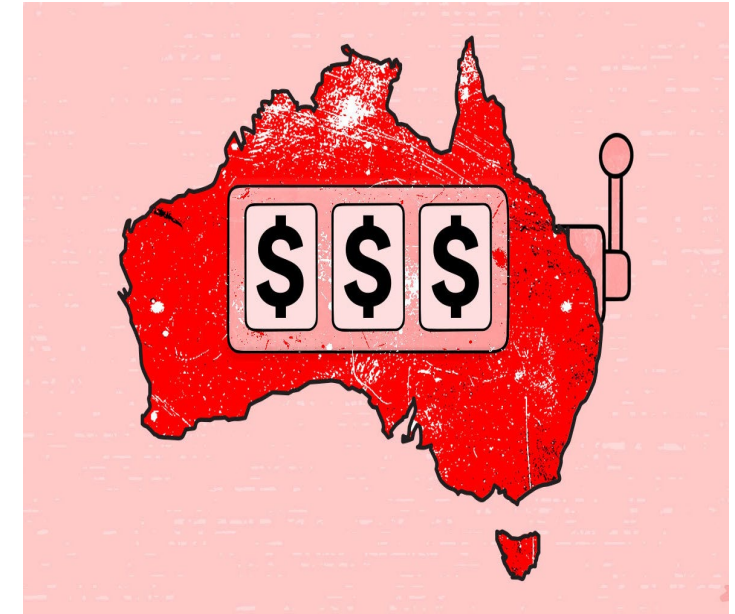


Thank you for sharing these tips with us, I will use them when I go shopping and hopefully, I can save some money



Key facts

- Australians lose \$25 billion per year, Victorians lost \$7 billion in 2022-2023
- We lose the most per person (\$1,163) to gambling in the world (double the amount of the United States)
- Young adults aged 18 to 24 are more likely than other adults to participate in some forms of gambling
- 61% of those experiencing severe harm from gambling are male
- Six - ten others are affected by the person gambling



Financial



Relationships



Health



Emotional



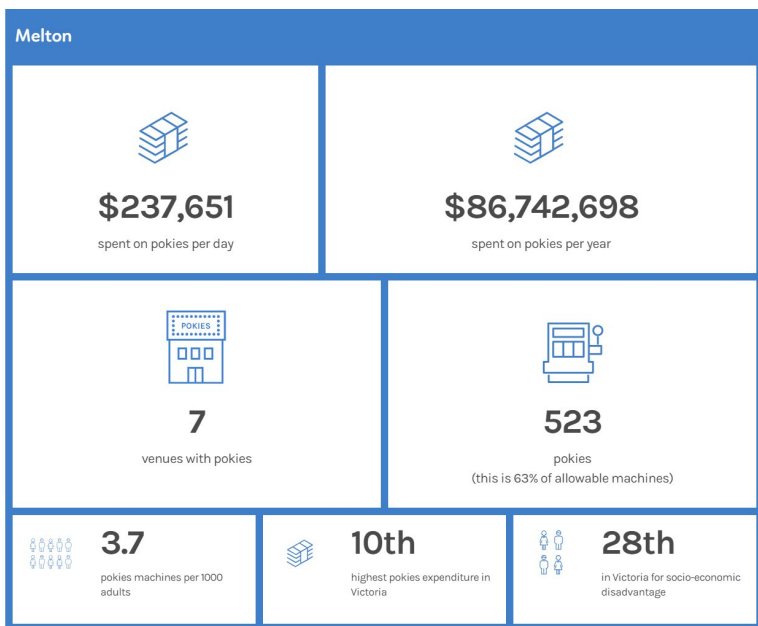
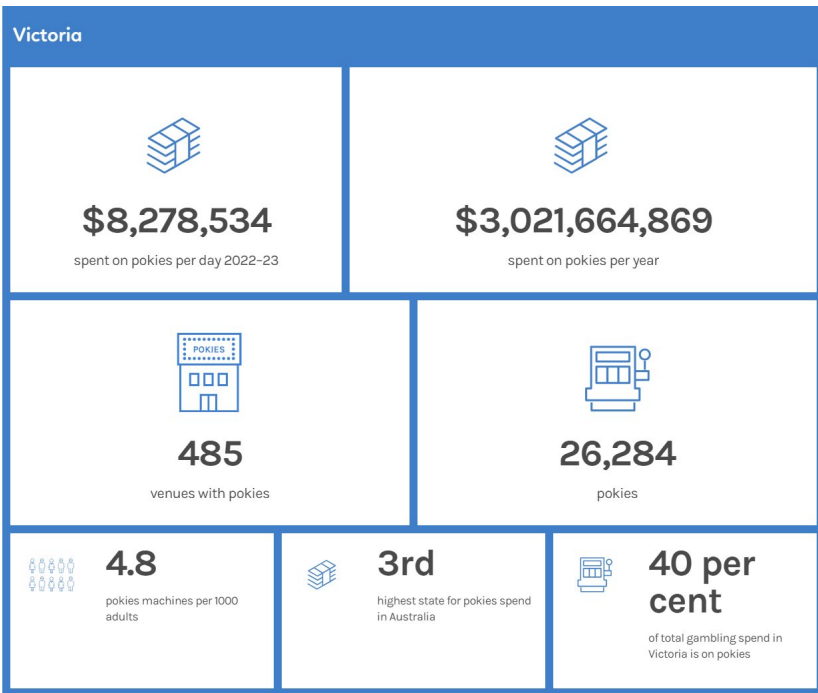
Work/study



Cultural



Criminal



sportsbet

Ladbrokes

bet365

- Over 85% of bets are now placed online
- Sport and race betting losses increased from **\$1.65 billion in 2019–20 to \$2.3 billion in 2020–21.**
- There were **1,381 gambling ads daily** on Victorian free to air TV in 2022-23 (over 1 million in a year)

TAB

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POINTSBET

Support available

Peer Support Programs

- Not a Dollar Podcasts
- Peer Connection
- Gambling Harm Recovery Group
- ReSpin



How to access gambler's help services

Victorian Gambler's Helpline – 1800 858 858

Website - <https://gamblershelp.com.au/>

Peer Support Programs: 1300 133 445 / pcintake@bchs.org.au

Website: www.peerconnection.org.au

Gambler's Help Northern: 1300 133 445

Email: ghnintake@bchs.org.au

Website: <https://bchs.org.au/services/gambling-support/>

Other GH services:

<http://www.responsiblegambling.vic.gov.au/getting-help/find-a-counsellor>

Information for healthcare professionals:

<http://www.responsiblegambling.vic.gov.au/for-professionals>

Gambling information resource office:

<http://www.responsiblegambling.vic.gov.au/information-and-resources>